



## *Hilmar Wagner, MPH, RDN, CD, LN*

**Hilmar Wagner** is a Registered Dietitian, licensed in Minnesota and Washington State. He has experience working in a variety of clinical, outpatient, community, and management settings. Hilmar joined the Emily Program in 2006 and has served in a number of clinical and management roles. He currently serves as a Clinical Outreach Specialist. Hilmar has presented on a wide range of eating disorder and related nutrition topics at local, regional, and national conferences. Hilmar received his bachelor's degree in Nutrition/Dietetics and Master's in Public Health Nutrition from the University of Minnesota. He has extensive experience working with clients of all eating disorder diagnoses and has a particular interest in the application of mindfulness and body-centered, somatic approaches to the nutritional treatment of eating disorders.