



Kerri Stewart, RD, LD

Kerri Stewart grew up in the mountains of Middletown, Maryland. She attended college at University of North Carolina at Greensboro where she received her Bachelor's degree in Human Nutrition and Dietetics. Kerri's next move was to Columbia, SC to complete a dietetic internship through the Department of Health and Environmental Control. It was there she found her passion for heart health and has since taken a preventative approach through use of "food as medicine." Kerri began at University of South Carolina in research and has now been at Spartanburg Regional in the Heart Resource Center for over 11 years. Most recently, Kerri has launched culinary medicine initiatives for the hospital system, incorporating hands-on cooking into healthcare. In her free time, Kerri is busy following around her 2-year-old and hiking the great outdoors.