



***Sara Hofmeier, MS, LCMHCS, CEDS-S***

**Sara Hofmeier** serves as Executive Director of Veritas Collaborative's Triangle Child, Adolescent & Adult Eating Disorder Treatment Center in Durham and our Child, Adolescent & Adult Center in Charlotte, North Carolina. Sara believes in a collaborative and strengths-based approach to treatment. She particularly enjoys providing a non-judgmental space to help patients find new ways to describe their experiences and struggles as they move toward recovery. Sara is a Licensed Professional Counselor, earning her master's in counseling from UNC Greensboro. Sara has been working with patients with eating disorders since 2007. Before joining Veritas, Sara was the Clinical Director of the UNC Center of Excellence for Eating Disorders and served as an Assistant Professor.