

Jaclyn Konefal, RD
Charleston, SC 29401

EDUCATION

Bachelor of Science in Human Environmental Science, May 2020

The University of Alabama, Tuscaloosa, AL

Major: Food and Nutrition

Didactic Program in Dietetics Verification Statement

Bachelor of Science in Nutrition Science 2017

North Carolina State University, Raleigh, NC

Major: Nutrition Science

Minor: Sport Science

Dietetic Internship, August 2020-February 2021

Priority Nutrition Care Distance Dietetic Internship, Charleston, SC

- Clinical Rotation at Encompass Health Rehabilitation Hospital
- Food Service Rotation at MUSC Shawn Jenkins Children's Hospital
- Elective Rotation
 - Experience with eating disorder recovery at Nutrition Rites
 - 1 week of Pediatric Clinical Nutrition experience at MUSC
 - 1 week of PICU experience at MUSC

**RELEVANT
EXPERIENCE**

Enteral Nutrition Sales Rep, September 2021-Present

Lincare, Charleston, SC

- Provide patient care, treatment, and service in a continuous and coordinated manner, in settings appropriate to meet patient needs.
- Formulate, revise, and maintain care plans for enteral nutrition patients based on physician orders and assessment findings. Coordinate with members of various medical teams to provide enteral therapy appropriate for medical needs.
- Educate patients regarding their enteral feeding to facilitate safe, effective use leading to desired care, treatment and service outcomes.
- Perform daily sales-related activities to promote Lincare Enteral Services.

Milk Room Dietetic Technician, January 2021-May 2021

Sodexo at MUSC Shawn Jenkins Children's Hospital, Charleston, SC

- Updated fresh and frozen breastmilk inventory, calculated daily breastmilk and formula feeds from dietitian orders, fortified and prepared breastmilk and formula orders, delivered feeds to patients in the NICU and throughout SJCH.
- Collaborated with multidisciplinary team of nurses, dietitians, speech therapists and doctors to prioritize patient care with accurate and timely feeds.

Nutrition Intern, August 2019-December 2019

Total Nutrition Technology, Charlotte, NC

- Created client handouts consisting of holiday survival guides, fast food options, vegan and vegetarian complete proteins, as well as a number of recipes with modifications for special diets
- Participated in metabolic testing days at corporate offices by setting clients up on the BodyGem devices
- Represented TNT at health fairs, corporate visits, and numerous local events
- Assisted with projects around the office such as creating certified nutrition plan binders, updating spreadsheets, and scanning and filing client information
- Collaborated with nutrition entrepreneurs and interprofessional team members

Bariatric Counselor, March 2018-April 2019

Medi Weight-loss Clinic, Charlotte, NC

- Consulted with physician assistants and nurse practitioners to determine nutritional needs and diet restrictions of patient
- Counseled patients on basic rules of good nutrition, healthy eating habits, and nutrition monitoring to improve their quality of life

Nutrition and Sports Science Intern, August 2017-December 2017

Triangle Nutrition Therapy, Raleigh, NC

- Crafted client handouts including proper portion sizes, which protein bar to choose, fighting inflammation, healthy sleep habits, as well as a weekly list of meals and recipes
- Educated potential clients at health fairs
- Wrote sports science articles for Endurance Mag and the company blog

**VOLUNTEER
WORK**

Volunteer Assistant, November 2019-Current

Healthy Futures Starting in the Kitchen Program

Central Piedmont Community College Culinary Technology Department, Charlotte NC

Food Bank Volunteer, November 2019-December 2019

Loaves & Fishes, Charlotte NC

Foodservice Volunteer/Intern, May 2019-July 2019

Friendship Trays, Charlotte, NC

Food Bank Volunteer, February 2015-April 2015

Food Bank of Central & Eastern NC, Raleigh, NC

**COMPUTER
SKILLS**

Word, PowerPoint, Excel, Teams, EMR, NueMD, AdvancedMD, Social Networks, Shopify, Google Drive, Google Docs, Adobe, WordPress, Bluehost, Zoom

**CERTIFICATIONS
& AFFILIATIONS**

Member of the Academy of Nutrition and Dietetics

2022-2033 Treasurer of the Charleston Trident Dietetic Association