

# Winter 2020 PDA Newsletter



## Happy 2020 PDA members!

We hope your new year is off to a great start.  
Our 2019 year concluded with a fun Holiday social and raffled at Iron Hills Brewery and Restaurant!



### 2019-2020 Board Members

**President,** Joanna Smyers, MS, RD, LD  
**President- Elect,** Destin Faria, RD, LD  
**Past President,** Rachel Hoffman, RD, LD, CSG  
**Secretary,** April Moore, MS, RD, LD  
**Treasurer,** Jalak Patel, MS, RD, LD  
**Nominating Chair,** Patti Francis, MS RD LD  
**Education Chair,** Hannah Wigington, RD, LD  
**Legislative Chair,** Amanda Ancona, RD, LD  
**Social Media/ PR Chair,** Cate Milne, RD, LD

## February events you won't want to miss!

**Thursday, February 13<sup>th</sup> @ 7pm**  
*PJs and Pinot monthly journal club*  
at M Judson Booksellers  
downtown Greenville

*We will discuss this month's articles in  
Food & Nutrition magazine*

**Wednesday, February 19<sup>th</sup> @ Pelham Medical Center**  
*"Diabetes and Whole Food, Plant-Based Diet" CEU presentation*  
with guest presenter Dr. Gault. The presentation will begin  
at 6:30 pm in the Community Room and there will be a  
light plant-based dinner provided as well.

*Please note this is a free CEU event for members and  
\$25 fee for non-members*

# **2019-2020 Regional Award Winners**

We are pleased to announce our regional winners for the following awards:

## **Outstanding Dietitian of the Year - Brittany Jones**

Brittany L. Jones, MS, RD, LD is a private practice dietitian in Greenville, SC and the owner and CEO of the Brittany Jones Nutrition Group. Her group practice takes an all foods fit approach to nutrition, and their RDs work with clients to meet their goals through medical nutrition therapy, intuitive eating, and meal planning. To increase access to care with an RD, her practice offers both sliding scale pricing and scholarships for MNT and Eating Disorder counseling in the upstate. Brittany is the past President PDA, and has held several positions on the SCAND board, as well as the national Thirty and Under in Nutrition and Dietetics MIG.

## **Recognized Young Dietitian of the Year - Kerri Stewart**

Kerri is the wellness dietitian with Spartanburg Regional Healthcare System's Joe R. Utley Resource Center. She completed her dietetic internship with SC DHEC in Columbia. She has since moved to the upstate and enjoys hiking with her dog and husband every chance they can get. Kerri served as PDA Education Chair from 2017-2019 and continues to be an active member with PDA.

## **Outstanding Dietetic Educator - Lacey Durrance**

Lacey Durrance is a Nutrition Lecturer at Clemson University where she teaches numerous undergraduate courses in their didactic program. She is originally from Florida and moved to the Upstate in 2016 to satisfy her craving to be closer to the mountains. In her free time she loves hiking, running, her cat, espresso, and traveling to as many National Parks as possible.

We have sent all of our nominees' applications to SCAND and hope they will be recognized at an even higher level for all of their accomplishments and contributions to the dietetics profession!



## **PDA Scholarship:**

PDA would also like to remind all members that there are two \$100 scholarship available for furthering your dietetics career for any member that would like to apply for it. The application for the scholarship can be found at the following link:

[https://www.eatrightsc.org/assets/docs/pda\\_scholarship\\_fund\\_applica.pdf](https://www.eatrightsc.org/assets/docs/pda_scholarship_fund_applica.pdf)



## **Call for Nominations for PDA Board for 2020-2021:**

The following positions on the PDA Board will be open next year. If you or anyone you know would be interested in serving on the board, please contact Patti Francis at [pcallah@g.clemson.edu](mailto:pcallah@g.clemson.edu). Serving on the board is a great way to network with other professionals, develop leadership skills, give back to our profession, and earn CEUs!

**President Elect:** (3 year position) Assists the President in leading board, membership, and planning events. Performs functions of the President in the absence or disability of the President. Serves for 1 year as President-Elect (2020-2021) PDA district President (2021-2022), and PDA Past-President (2022-2023). The PDA President also serves on the SCAND board membership committee.

**Nominations Chair:** (2 year position) Responsible for promoting and coordinating PDA regional awards. Communicates with the SCAND nominations chair to submit regional award winners to the state level. In charge of applications for PDA and SCAND scholarships. Also works to fill open PDA board positions yearly.

**Legislative Affairs:** (1 year position) Communicate public policy/ legislative updates from SCAND with the PDA members.

**Secretary:** (1 year position) Serves as the main communication between the board and our membership by creating our quarterly newsletter, taking minutes during PDA board meetings, and managing the PDA Gmail account and listserv.

**Education Chair:** (1 year position) Works with sponsors to coordinate monthly PDA membership events and socials, including booking venues and catering. Spearhead CEU ideas and events. Also sends PDA Evites to members.

**Social Media Chair:** (1 year position) Serves as the point person for PDA to the SCAND membership committee. Responsible for the planning of PDA National Nutrition month events and also management of PDA media affairs (Facebook page, local TV stations, newspapers, etc).

**Student Liaison:** (1 year position) Serves as a nonvoting member of the PDA Board. Supports District Activities as student representative. Assists with planning of PDA events, and completing the member survey with the President-elect by May.

# Save the Dates



March 2020 - National Nutrition Month

SCAND Policy Day - Wednesday the 4<sup>th</sup>

For more info: [www.eatrightsc.org](http://www.eatrightsc.org)



RDN Day - Wednesday, the 11<sup>th</sup>

PJs and Pinot monthly journal club -  
Thursday, 12<sup>th</sup>

April 2020 - SCAND Conference, Friday the 3<sup>rd</sup>

For more info: <https://www.eatrightsc.org/annual-meeting>

Spring RD Mingle and Mentorship Event  
Thursday, April 9<sup>th</sup> @ 7 pm

