

Michelle Grossman, RD

Charleston, SC

Experience

Registered Dietitian | Roper St. Francis Physician Partners | Charleston, SC 7/2020 - Present

- Provide counseling in Medical Weight Loss and Bariatric Surgery
- Provide inpatient education to post bariatric surgery patients
- Completed Certificate of Training in Obesity for Adults
- Utilize motivational interviewing to provide more individualized, patient-centered care

Registered Dietitian/Director of Food Service | Heartland of Hanahan | Hanahan, SC 7/2019 - 7/2020

- Manage a kitchen staff of ten at a 135-bed facility
- Direct scheduling, ordering of food and nutrition supplies
- Provide all patient nutritional care and assessments
- Monitor the nutritional status of patients, formulate care plans and coordinate implementation

Dietetic Intern | Virginia Commonwealth University Health System Dietetic Internship | Richmond, VA 8/2018 - 7/2019

11-month dietetic internship with a concentration in food and nutrition management. VCUMC is a level 1 trauma center with over 1125 licensed beds.

- Selected to complete 16 weeks at the Richmond VAMC and gained experiences in clinical nutrition, nutrition support, renal and advanced administration.
 - Completed an advanced rotation/staff relief in the acute surgical unit and in the polytrauma rehabilitation unit. Gained experience with TPN management of surgical patients and providing medical nutrition therapy to active duty combat veterans
- Co-Leader for National Nutrition in March 2019 for kick-off event at VCUMC •
Co-Creator of a series of grocery store tours at Market @ 25th

Food Service Director | Heartland of Hanahan | Hanahan, SC 9/2015-8/2018

- Managed a kitchen staff of ten at a 135-bed facility
- Directed scheduling, ordering of food and nutrition supplies
- Assisted in two hurricane evacuations/emergency preparedness

Dietetic Technician, Registered | Sunnyview Nursing and Rehabilitation Center | Butler, PA 10/2013-9/2015

- Oversaw nutrition care for elderly long-term care residents, rehab patients and Alzheimer unit residents at a 220-bed facility

Floor Staff | Peak Experiences Indoor Rock Climbing | Midlothian, VA 2/2019-Present

Education

Bachelor of Science | University of Pittsburgh | Pittsburgh, PA

4/2013 • Clinical Dietetics and Nutrition

Certifications

Dietitian, Registered 8/2019-Present

- Member of the Academy of Nutrition and Dietetics 2011-Present
- Member of the South Carolina Academy of Nutrition and Dietetics 2019-Present
- Charleston Trident Dietetic Association 8/2019 - Present
 - CTDA Treasurer 8/2020 - Present

Dietetic Technician, Registered 2013 -8/2019

- Member of the Academy of Nutrition and Dietetics 2011-Present •
 - Virginia Academy of Nutrition and Dietetics 8/2018 -8/2019
 - Greater Richmond Academy of Nutrition and Dietetics 8/2018 – 8/2019

Certified Dietary Manager 2015 – May 2019

- Member of the Association of Nutrition & Foodservice Professionals 2015-Present

ServSafe Certified Valid through 2023