

Kathryn A. Lybrand RD, CSO, LD

OBJECTIVE To use the knowledge I have obtained through my undergraduate coursework, Dietetic Internship and work experience to assess and provide MNT to Inpatient & Outpatient populations.

EDUCATION **Bachelor of Science in Food Science** Clemson University Clemson, SC
Concentration in Human Nutrition GPA: 3.58/4.0 *Cum Laude* 05/2011

WORK EXPERIENCE **Unidine Corporation at Prisma Health Baptist Easley, Easley, SC**
Registered Dietitian September 2018 - Present

- Provide Medical Nutrition Therapy to General MedSurg and ICU patients and Outpatient nutrition referrals at Baptist Easley Hospital.
- Attend Interdisciplinary Rounds with Case Management, Physicians, RN and Physical Therapist.
- Plan and implement monthly Employee Wellness programs; including, lunch & learns, wellness information tables, one-on-one counseling and newsletters.
- Provide presentations for Community Outreach at Easley YMCA and businesses.
- Assist with Food Service audits.

Greenville Health System, Greenville, SC
Clinical Nutrition Specialist at Cancer Institute July 2017- September 2018

- Provide one-on-one Medical Nutrition Therapy counseling to the Oncology population
- Teach weekly Healthy Way nutrition and lifestyle management classes
- Teach monthly Cancer Fighting Kitchen class to group of 20-40 participants
- Serve on Commission on Cancer community and clinical sub-committees
- Work closely with Head and Neck Cancer team to develop more timely referrals for Enteral Nutrition

Greenville Health System, Greenville, SC
Clinical Nutrition Specialist February 2015- July 2017

- Provide Medical Nutrition Therapy to Oncology and Pulmonary Units at Greenville Memorial Campus (5D, BMT and 5C – total of up to 60 beds)
- Complete nutrition assessments based upon consults received, malnutrition screens, and length of hospital stay criteria
- Attend morning Interdisciplinary rounds and work well with team to provide appropriate nutrition care while inpatient and upon discharge
- Well versed in nutrition support (Enteral and Parenteral Nutrition)
- Work both independently and group settings with Clinical Nutrition staff
- Helped to revise BMT Nutrition Assessment policy

Patrick B. Harris Psychiatric Hospital, Anderson, SC
Nutritionist IV July 2013-February 2015

- Provide appropriate medical nutrition therapy for 120 bed hospital
- Counsel and educate patients on various nutritional subjects
- Co-Chair of Employee Wellness Committee
- Teach monthly Recovery Center classes to patients
- Attend daily treatment team meetings with interdisciplinary team
- Provide education and in-service to nutritional services staff at monthly meetings
- Built and implemented new therapeutic menus
- Assessed needs and implemented new hospital wide snack policy

South Carolina DHEC, Greenville, SC

Dietetic Intern

June 2012-February 2013

- Counseled patients in an inpatient and outpatient setting
- Gave patients nutritional education on weight loss, diabetes, hypertension, etc.
- Completed rotations in hospital food service, community outpatient, bariatric clinics, medical weight loss programs, eating disorder patients and clinical inpatient (surgical, oncology, renal disease, heart disease, and ICU patients)
- Completed case studies, budgeting assignments, research project and business proposal project

Nutrition Plus, Greenville, NC

Nutritionist, CDM, CFPP

August 2011- May 2012

- Certified Dietary Manager certification obtained December, 2011
- Worked in LTC facilities performing nutrition assessments
- Conducted sanitation audits in the food production areas
- Women Infants and Children (WIC) nutritionist for the Albemarle Regional Health System
- Advised WIC mothers on nutrition and breastfeeding advantages and techniques

St. Francis Hospital, Greenville, SC

Assistant/Food Unit Lead

May 2010-May 2011

- Assisted Clinical Nutrition Manager with work on new patient menu
- Weekly patient satisfaction visits

ORGANIZATIONS**South Carolina Academy of Nutrition and Dietetics**

Treasurer (Executive Committee Member)

June 2018- Present

Nominating Chair (Board Member)

June 2017-May 2018

Nominating Chair – Elect (Board Member)

June 2016-May 2017

District President (Board Member)

June 2015-May 2016

Piedmont Dietetic Association, Greenville, SC

Past – President

June 2016-May 2017

President

June 2015-May 2016

PR/Social Media Chair

June 2014-May 2015

Academy of Nutrition and Dietetics (AND)

Member

June 2012- Present

Oncology Nutrition DPG

Member

May 2016 – Present

CERTIFICATIONS & AWARDS**Certified Board Specialist in Oncology Nutrition (CSO)**

Expires: 09/2023

Registered Dietitian (RD)

Registration # 86028963

Renewal: 08/2023

Licensed Dietitian (LD)

License #: 1110

Expires: 5/31/2021

Piedmont Dietetic Association Recognized Young Dietitian of the Year 2016