

EXPERIENCE

Grateful Meal Nutrition, LLC
Registered Dietitian and Owner

Charleston, SC
September 2019-Present

Sodexo - Medical University of South Carolina (MUSC)

Charleston, SC
January 2014-September 2019

Clinical Nutrition Manager III

April 2017-September 2019

- Supervise 18 Registered Dietitians covering three hospitals and three ambulatory care sites on a large university hospital campus.
- Provide outpatient medical nutrition therapy counseling to pediatric and adult patients for diabetes, cardiovascular risk factors, renal disease, weight management, gastrointestinal disorders, oncology, and women's health.
- Collaborated with client leadership for the opening of the Summey Medical Pavilion: Children's Ambulatory Campus in April 2019.
- Track outcomes, utilization, and overall productivity for nutrition appointments. Utilize the data for approval of FTEs, new programs, and lobby for insurance reimbursement on the state level.
- Ensure regulatory and billing compliance through staff training, policy oversight, and completion of Sodexo Gold Check and MNT audits.
- Coordinate insurance credentialing for outpatient staff.
- Develop marketing materials to promote the department services through print and media.
- Develop video presentations on nutrition topics for remote site patients through the MUSC Center for Telehealth and South Carolina Area Health Education Consortium.
- Provide resources and support for other clinicians on telehealth best practices as a Subject Matter Expert (SME).
 - Served as an expert reviewer for the Clinical Nutrition Management Dietetic Practice Group Winter 2018 article, "Innovative Model of Nutrition Care Using Telemedicine" and for the Sodexo telehealth software pilot testing.
- Implemented the Center for Disease Control's Diabetes Prevention Program as a community wellness program to address the client's strategic goal of preventative health services.
- Serve as department designated EMR (Epic) super-user.
- Act as preceptor and serve on steering committee for the MUSC dietetic internship.

Outpatient Clinical Dietitian (Registered Dietitian II)

October 2015-April 2017

- Provided outpatient medical nutrition therapy counseling for cardiology, primary care, prenatal wellness, and telehealth clinics.
- Developed group classes on nutrition topics for patients with migraine and Meniere's disease.
- Developed marketing materials to promote the department services through print and media.

Inpatient Clinical Dietitian (Registered Dietitian I and II)

January 2014-October 2015

- Provided screenings, assessments, and nutrition support using the nutrition care process for various specialties including cardiology, vascular, cardiothoracic surgery service, and heart/lung transplant.
- Provided specialized nutrition care for a 21 bed cardiovascular ICU.
- Counseled patients towards an appropriate BMI and glycemic control for patients to qualify for transplants.

Claxton Dietetic Solutions

Canton, NC

Interim Consultant Dietitian

September 2013-October 2013

- Provided temporary coverage for nutrition care at a 124 bed North Carolina long-term care facility.
- Evaluated and monitored nutrition status of residents and provided appropriate interventions and recommendations using the nutrition care process.

INTERNSHIP AND EDUCATION

Medical University of South Carolina
Dietetic Intern

Charleston, SC
August 2012 – June 2013

Clemson University

B.S., Food Science

Clemson, SC
Class of 2012

- GPA: 3.84/4.0 GPA, *Magna Cum Laude*

MEMBERSHIPS, SPECIAL SKILLS, AND AWARDS

- Commission on Dietetic Registration: Registered Dietitian Nutritionist #86001639
 - Certificate of Training in Adult Weight Management – May 2016
- South Carolina Department of Labor, Licensing, and Regulation: Licensed Dietitian #1168
- Academy of Nutrition and Dietetics
- South Carolina Academy of Nutrition and Dietetics
 - Award: *Emerging Dietetic Leader 2019*
 - Marketing Chair, 2017-2018
 - District Representative, 2016-2017
- Charleston-Trident Dietetic Association
 - Award: *Emerging Dietetic Leader 2019*
 - President, 2016-2017
 - President-Elect, 2015-2016
 - Student Liaison, 2012-2013
- ServSafe Certification
- Technology Skills
 - Microsoft Office Suite
 - Telehealth platforms: Jabber, Vidyo
 - Electronic medical records: Epic, McKesson
 - Research software: NVIVO
 - Food service management: CBORD, Health Touch