

Recognized Young Dietitian of the Year

Eligibility Checklist

	Yes	No
Registered Dietitian in good standing with CDR		
Academy Member	Number	
SCAND Member		
35 years of age or younger on May 1 of the award year		
Has not previously received RYDY at the state level		
Active Participation in 1 or more of the following levels:		
• District		
• State		
• National		
Demonstrated concern for the promotion of optimal health and nutritional status of the population		
Demonstrated leadership through legislation, research, education, management, community nutrition or employment		

Documents Required

Three letters of reference		
• One from the district president		
• One from nominee's employer		
• One from a colleague or mentor		
Resume or CV		
Personal Narrative (maximum 200 words)		